

News for March

Safe Passage Family Resource Center

Strengthening our community
by strengthening the families that live here.



**208 Dana Street
Fort Bragg, CA
95437**

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CHECK OUT OUR CALENDAR

Lots going on in March, as you will see on our calendar. The Healthy Grocery Budgeting Workshop continues for 3 more weeks, a new round of Triple P on Monday evenings starts on March 11, Molly's Quilting class is back on Tuesday afternoons, and the Doulas will be here for two Wednesday evenings. A Parent and Community Gang Strategies workshop will be held here from 10 – 4 on Saturday March 9, and a Teen Wellness Fair is scheduled for Wednesday, March 27 at the Teen Lounge.

THANK YOU MENDOCINO COAST WOODTURNERS GUILD

Safe Passage received a visit recently from Russ McNulty, co-president of the Mendocino Coast Woodturners Guild. This talented group of craftsmen and women get together each month to exchange ideas to aid in the creation of beautiful pieces using a lathe. Russ asked if their group could help out Safe Passage in some way, and the timing was perfect, as we have a dine-out fundraiser planned for Wednesday, March 20 at the MacCallum House in Mendocino, which includes a silent auction. These one-of-a-kind pieces will be on display from March 1 – 20 in the lobby of the Mendo Lake Credit Union on Main Street in Fort Bragg. You are encouraged to stop in to see and bid on the lovely work of the very talented – and generous – Mendocino Coast Woodturners Guild. See photos of these handcrafted bowls, boxes, vases and more on the Safe Passage Facebook page and (soon) on our website, www.safepassagefortbragg.org.



PAIGE AND AUSTYN

Thanks to programs like Americorps, Healthcorps, and VISTA, Fort Bragg is home to a growing number of hard-working, community-minded 20-somethings. Safe Passage is lucky that Paige Doyle and Austyn Gaffney have joined our staff. Paige, originally from Wisconsin, started work in September. As a Healthcorps Navigator, she teaches high school students about nutrition and healthy food choices, both at Safe Passage and at the Noyo Food Forest's Learning Garden at Fort Bragg High School. Paige also takes care of our Stone Soup Family Garden. Austyn Gaffney began work in February as our FIRST 5 VISTA. Austyn says, "Hi! My name is Austyn Gaffney and I am the second-year VISTA volunteer with FIRST 5 Mendocino, replacing the awesome Melissa Elbert. Throughout the next year I will be working with Safe Passage Family Resource Center as the Coastal Coordinator, ensuring that all FIRST 5 programs are accessible to families with children ages 0-5 on the coast, as well as determining what resources are missing and what programs can be added or improved. If you have any ideas, suggestions, or advice, please contact me at norcoast@mendochildren.org. Although born in Canada, my family relocated to the bluegrass state of Kentucky when I was young, and I have soaked up its southern culture ever since. In May of 2012, I graduated from Transylvania University, a tiny college in Lexington, Kentucky, with a degree in politics and environmental studies. After college and before landing in Fort Bragg, I had brief stints as a camp coordinator, pasta maker, flower farmer, and construction worker; I'm always looking for new places to explore and new things to learn about, so if you have any suggestions about the coastal area, please send them my way!"

At Safe Passage, we work to create a community filled with safe, nurturing families whose parents and children are successful and happy.